Direct feedback received:

Harrow School: Thank you very much indeed for the talk yesterday. It was excellent, and a great number of parents came up to me afterwards to say how useful they found it - thank you again. *Second in Department (PSHE)*

Sherborne Girls: Thank you for your talks to both year 10 pupils and to parents, I have received great reports. *Office Deputy Head Pastoral*

Haberdashers' Boys' School: Thank you for yet another excellent talk from you last week. Always good to get your insights! *Deputy Head (Pastoral)*

Thomas's Kensington: Thank you - a really, really brilliant talk! *Deputy Head, Pastoral*

Cheam School: Thank you once again for speaking so brilliantly to the Cheam community on Saturday. The talk has gone down incredibly well with our parents, they definitely felt empowered by your words. There is quite a call for more!! Do let me know how you are fixed for similar slots through the next few months! *Deputy Head*

Wellington School: Thank you for the effort and attention that you put into the presentations, we continue to get amazing feedback. *Deputy Head (Pastoral)*

Bedales Prep: Thank you so much for your informative talks. Both parents and pupils found them extremely interesting and loved your style.

Head of Wellbeing & Mental Health Lead

Bedales Senior: Thank you so much for being here yesterday to deliver such poignant and engaging talks. It was really timely and useful for students, parents and pastoral team members and we have received lots of positive feedback.

Deputy Head (Pastoral)

Dulwich Prep: Thank you so much for your fantastic talk on Tuesday we have received great feedback from parents! *Head of Life Skills*

Westminster Cathedral Choir School: Thanks for a great talk yesterday. It was a really important topic for the boys to hear about and delivered in a straight-talking way, which was perfect. *Deputy Head (Pastoral)*

Tonbridge School: Many thanks for coming in to speak this morning. I thought the rousing round of applause at the end said it all really. *Head of PSHEE*

Scottish Council of Independent Schools: Many thanks for a fantastic session. *Executive Officer*

Clifton High School: Huge thanks for this. The sessions were hugely helpful and informative, and I am grateful for all of your time and efforts. We would love to work with you again. *Deputy Head*

Truro High School for Girls: Thank you, Aric, for coming to Cornwall and engaging with my students so brilliantly to encourage them to stop, assess and think critically about sensible life choices. Thank you also for empowering the parents to understand the landscape their children are navigating. We look forward to welcoming you again! Anybody looking for a great PSHE Pastoral care speaker, look no further.

Headmistress

Worth School: You have received amazing feedback from both students and parents on the talks. I'm very grateful for you having joined us this evening. *Deputy Head Pastoral*

Badminton School: I just wanted to say a huge thank you again for your talks today. I've just seen my Y11 class for English and they said yours was the most engaging talk they've had on mental health since

they started at Badminton and they found all the facts really motivational. *PSHCE Coordinator*

Cranbrook School: There has been fantastic feedback from the talks so thank you very much indeed for taking the time to come and share your wisdom with us. PTA

Ardingly: Thank you so much for coming in today. The feedback I have had so far from staff and students has been overwhelmingly positive. *Deputy Head Academic*